



Heart & Stroke

**BIG
BIKE**

VISIT bigbike.ca

*Contact your Team
Captain for more
information!*

**Join Our
Team Today!**



HEART &
STROKE
FOUNDATION

Finding answers. For life.

Reserve your seat today!

YOUR NAME

GET YOUR SEAT ON THE BIKE!
Don't Miss Out On The Fun!
Put your name on the poster to reserve your seat on the bike today!

Registering Online is Easy!

- Step 1:** Visit bigbike.ca
- Step 2:** Click on the "Register" button
- Step 3:** Enter the City or Province you're riding in
- Step 4:** Find your event from the list generated below and click register
- Step 5:** Click 'Join a Big Bike Team' and select your team from the drop down menu and click continue
- Step 6:** Fill in the required fields and you're officially registered online!
- Step 7:** Send fundraising emails to friends and family and have them help you reach your goal

2010
Heart&Stroke
Big Bike
Thank You
Prizes



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BIG BIKE



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